



UTA Services Guide (Peer Mentoring/Career Mentoring)

Where to Refer Mentees:

Peer mentors aren't expected to know everything; knowing where to point mentees is just as valuable.

Mentee Considerations:

- Know that you don't have to have all the answers—use campus resources.
- Before asking your mentor about a UTA process, check MyMav and the university website.
- Use your mentor as a guide for how to navigate—not a replacement for official offices.

Mentor Considerations:

- Encourage mentees to use official offices for specialized support:
 - Career Development Center (internships, advising, resumes).
 - Student Success Center (tutoring, coaching).
 - Counseling and Psychological Services (mental health).
- Office of International Education (immigration/CPT/OPT).
- Share your personal experiences with campus resources, if applicable.
- If you don't know an answer, model resource-seeking behavior ("Let's look this up together").

Key Resources:

- <u>Career Development Center</u> Internships, job search, career advising.
- Academic Success Center Tutoring, supplemental instruction, and academic coaching.
- Counseling and Psychological Services (CAPS) Mental health support.
- Office of International Education (OIE) Immigration, CPT/OPT questions.
- Financial Aid & Scholarships Office FAFSA, grants, and scholarships.
- MavOrgs (MavEngage) Student clubs and leadership opportunities.
- <u>Library</u> Research help, study spaces, and tech checkout.

Tip: Always encourage mentees to check their email, MyMav portal, and UTA website — most answers are there.